

For veggie lovers For spicy lovers

STARTER

Miso	2.5
Rice	3
Gyoza 6pcs	vegetable 10 pork 10 ebi 5pcs 12
Agedashi Tofu	regular 9 spicy 10
Gomae	6
Edamame	6
Sunomono:	plain 5 veggie 6 ebi 6 tako 7
Takoyaki 6pcs	9
Yakitori Skewers	12
2pcs skewered chicken	
Chicken Karage	regular 11 spicy 12
Tuna / Salmon Bite	9.5
Deep fried tuna or salmon with homemade sauce	
Tuna Gomae	9
Ebi Mayo	13
Deep fried prawn with white sauce	
Calamari	13
Deep fried calamari with homemade sauce	
Seaweed Salad	8
House Green Salad	10
Crispy Calamari Salad	13
Chicken Salad	13
NEW Salmon Avo Salad	18

TEMPURA

Appetizer Tempura 2pcs prawn, 3 pcs veggie	11
Veggie Tempura 6pcs	10
Prawn Tempura 6pcs	15
Yam Tempura 6pcs	10
Prawn & Yam Tempura 8pcs	15
Assorted Tempura 13pcs	22

TERIYAKI

* Served with rice and salad

Veggie	14.5
Grilled vegetable with teriyaki sauce	
Chicken	17.5
Grilled chicken with teriyaki sauce	
Beef	17.5
Grilled beef with teriyaki sauce	
Tofu	16.5
Deep fried tofu with teriyaki sauce	
Salmon	20.5
Grilled salmon with teriyaki sauce	
Chicken / Pork Katsu	18.5
Breaded chicken or pork fillet with special sauce	

DONBURI (Rice Bowl)

Veggie Don / Tofu Don	13
Chicken / Beef Teri Don	15.5
Rice bowl with grilled veggie	
Tempura Don	15.5
2pcs prawn & 3pcs vegetable tempura	
Don Katsu Don / Chicken Katsu Don	17
Unagi Don Grilled BBQ eel	19
Sashimi Don	salmon 20 tuna 20
Tuna & Salmon Sashimi Don	19
Chirashi Don	23
Assorted sashimi	
NEW Salmon Avo Don	19
NEW Tuna Tataki Don	21

NOODLES

Udon with soup			
Plain	10	Veggie	13
Tempura	14.5	Seafood	17
Chicken	14.5	Spicy Seafood	18
Beef	14.5		
Yaki Udon or Soba pan fried noodles			
Chicken	15.5	Veggie	13.5
Beef	15.5	Seafood	16.5
* Udon: thick noodle * Soba: thin noodle			

SPECIAL ROLL

* Black rice on roll: + \$1.75

* Real crab: + \$4.5

Spicy Mad Tuna or Salmon Roll 8pcs	14.5
Choice of tuna or salmon with yam flake and two kinds of spicy sauce and avocado on top	
Crazy Boy Roll 10pcs	12.5
Deep fried California roll with 2 signature sauces	
Spider Roll 6pcs	15
Deep fried soft shell crab with crabmeat & avo, tobiko on top	
Mega Roll 5pcs	15.5
Deep fried roll with salmon, crabmeat, green onion in a roll with spicy mayo and tobiko on top	
Alaska Roll 8pcs	14
Crabmeat & avocado topped with smoked salmon	
Philadelphia Roll 6pcs	14
Cream cheese, crabmeat, avocado, salmon with two kinds of sauce	
Rainbow Roll 8pcs	16.5
Avocado, crabmeat in a roll with various sashimi, tobiko on top	
Caulefeld Roll 6pcs	16.5
2pcs deep fried prawn, avocado and crabmeat in a roll, topped with torched tuna with spicy sauce	
King Roll 8pcs	15.5
2pcs deep fried prawn and crabmeat in a roll, topped with spicy tuna and lettuce	
Dragon Roll 8pcs	16.5
Avocado, crab meat in a roll with whole grilled BBQ eel	
Crispy'n Crunchy Roll 6pcs	13.5
Prawn tempura, crabmeat, avocado in a with crunch flakes and spicy sauce on top	
Tiger Roll 6pcs	13.5
2pcs deep fried prawn, avocado and crabmeat in a roll, topped with tiger shrimp, avocado and crunch	
Caterpillar Roll 8pcs	15
Avocado and crabmeat in a roll, topped with avocado & tobiko	
Pink Roll 8pcs	15
Avocado and crabmeat in a roll, topped with salmon, avocado, tobiko	
Tuna or Beef Tataki Roll 8pcs	15
Avocado, crabmeat in a roll with torched tuna or beef and homemade sauce on top	
Canucks Roll 8pcs	14.5
Avocado, crabmeat in a roll with torched salmon with homemade sauce and fish flakes	
Awesome Roll 6pcs	17.5
Cream cheese, cucumber, crabmeat, avocado, tuna, salmon, ebi, deep fried prawn, tobiko & smoked salmon	

Volcano Roll 8pcs	16.5
Avocado & crabmeat in a roll, topped with seared chopped scallop, crunch and cream cheese	
Lady Mango Roll 8pcs	14.5
Avocado, pickled beet, and yam tempura with tropical mango on top	
Calamari Roll 6pcs	14
Inside: Calamari tempura, avocado, crabmeat / Calamari on top	
Yummy Yam Roll 8pcs	14.5
Yam tempura, avocado roll topped with yam and special sweet sauce	
Red Dragon Roll 8pcs	16
BBQ eel, avocado, crabmeat roll with smoked salmon on top	
Victoria Roll 8pcs	13.5
Yam roll with avocado on top and mango sauce	
Futo Maki Roll 10pcs	15
Gomae, oshinko, tamago, beef, avocado, cucumber, crabmeat, seaweed outside	
NEW Alaska Cream Cheese Roll 8pcs	15
Crabmeat, avocado, cream cheese topped with smoked salmon	

ROLL

* Rolls with black rice: + \$1.75

* Real crab: + \$4.5

* Make it spicy: + \$0.5

Inari Roll	4	Vegetable Roll	7
Kappa Roll Cucumber	4	Avocado, oshinko, cucumber, radish	
Tamago Roll Egg	4	B.C. Roll	8
Tuna Roll	5	Deep fried salmon	
Spicy Tuna Roll	7.5	Chicken Teriyaki Roll	8
Salmon Roll	5	Beef Teriyaki Roll	8
Spicy Salmon Roll	7.5	Chopped Scallop Roll	6.5
Negitoro Roll	7.5	Salmon Avocado Roll	7.5
Salmon Tempura Roll	7.5	Salmon Cream Cheese Roll	7.5
Avocado Roll	6	Vancouver Roll	7.5
California Roll	6.5	Smoked salmon, cream cheese & tamago	
Dynamite Roll	8	Unagi Roll	8
Real Crab California Roll	12	Yam Avocado Roll	6.5
Yam Tempura Roll	6.5		

NIGIRI SUSHI

* Seared available: + \$1

* Black rice: + \$0.35

Inari Fried bean curd / **Tamago** Egg **3.25**

Salmon / Tuna / Ebi / Saba Mackerel, **3.5**

Hokkigai Clam / **Tobiko** Flying fish roe /

Chopped scallop / Thai Red snapper

Tuna Toro Tuna belly / **Tako** Octopus / **4**

Spicy chopped scallop / Unagi B.B.Q eel /

Sockeye / Hotate Whole scallop

Ama Ebi Sweet shrimp / **Real Crab** **4.5**

Ikura Salmon roe

SASHIMI

Appetizer 3pcs tuna, 3pcs salmon **16**

Tuna 4pcs **12** 8pcs **21**

Salmon 4pcs **12** 8pcs **21**

Sockeye 4pcs **14** 8pcs **24**

Tuna & Salmon 8pcs **21**

Spicy Tuna or Salmon **22**

Toro 7pcs **24**

Tuna Tataki **22**

Sliced tuna cooked medium rare served with special sauce

Tako 5pcs **13**

Saba 6pcs **12**

Assorted Sashimi 13pcs **31**

Deluxe Sashimi 17pcs **39**

Mega Sashimi 32pcs **69**

* Please let your server know if you have any allergy.

* All contents and prices are subject to change without notice.

COMBO

* Black rice: + \$0.35 (nigiri), +\$1.75 (roll)

* Real crab: + \$4.5 each

California Combo **22**

California roll / 2 tuna / 2 salmon / 2 ebi

Dynamite Combo **23**

Dynamite roll / 2 tuna / 2 salmon / 2 ebi

Spicy Tuna Combo **23**

Spicy tuna roll / 2 tuna / 2 salmon / 2 ebi

Spicy Salmon Combo **23**

Spicy salmon roll / 2 tuna/ 2 salmon / 2 ebi

Vegetable Combo **18.5**

Avo kappa roll / yam tempura roll / vegetable roll

Roll Combo **18.5**

California roll / tuna roll / salmon roll / kappa roll

Tuna Combo **19**

Tuna roll / 3 tuna nigiri / 3 tuna sashimi

Salmon Combo **19**

Salmon roll / 3 salmon nigiri / 3 salmon sashimi

Salmon & Tuna Combo **20.5**

Salmon roll / tuna roll / 2pcs tuna / 2pcs salmon

Assorted Sushi Combo **28**

8pcs nigiri / tuna roll

Deluxe Sushi Combo **30**

10pcs nigiri / salmon roll

NEW Sushi & Sashimi Combo **26**

6pcs sushi / 6pcs sashimi

OSHI SUSHI

Spicy Salmon Oshi 6pcs **17.5**

Prawn tempura inside. Topped with torched spicy salmon and jalapeno, green onion and spicy sauce, yam flakes

Tuna Oshi 6pcs **17.5**

Prawn tempura inside. Topped with torched & chopped tuna, green onion, yam flakes and unagi sauce

Salmon Oshi 6pcs **17.5**

Prawn tempura inside. Topped with torched & chopped salmon, unagi sauce, yam flakes

Ebi Oshi 6pcs **17.5**

Prawn tempura inside. Topped with torched & chopped shrimp, unagi sauce, crunch flakes

BENTO

* Served with miso soup * Beef: + \$1

* LUNCH 11:30AM - 3:00PM

	Lunch	Dinner
California Bento	18	22
California Roll	Teriyaki Chicken or beef	
Tempura (4pcs)	Salad	

Vegetable Bento	16	20
Avo Kappa Roll	Tofu Teriyaki	
Veggie Tempura	Salad	

Sushi Bento	19	23
3pcs Nigiri Sushi Salmon, ebi, tuna	Dynamite Roll	
Teriyaki Chicken or beef	Salad	

Sushi & Sashimi Bento	21	25
4pcs Sashimi 2pcs salmon, 2pcs tuna	3pcs Nigiri Sushi Salmon, ebi, tuna	
Spicy Tuna Roll	Salad	

Mega Special Bento A **26**

* Served with miso soup, sunomono

Dynamite Roll	2pcs Spring Roll	
Teriyaki Chicken or beef	Salad	Tempura (5pcs)

Mega Special Bento B **27**

* Served with miso soup, sunomono

6pcs Sashimi 3pcs salmon, 3pcs tuna	3pcs Nigiri Sushi Salmon, ebi, tuna	
California Roll	Salad	Tempura (5pcs)



SUSHI MEGA

5353 Headland Dr. West Vancouver

604. 281. 0200

Online Order

www.sushimega.com

11:30 AM - 8:30 PM
OPEN 7 DAYS A WEEK

PARTY TRAY

Family Tray A 38pcs **48**

Tuna roll / salmon roll / kappa roll / California roll / 12pcs nigiri sushi

Family Tray B 53pcs **68**

Tuna roll / salmon roll / kappa roll / yam roll / California roll / dynamite roll / 15pcs nigiri sushi

Family Tray C 69pcs **86**

Tuna roll / salmon roll / kappa roll / 2 California roll / dynamite roll / yam tempura roll / 18pcs nigiri sushi / BC roll

Mega Roll Tray A 48pcs **53**

2 California roll / dynamite roll / chicken teriyaki roll / beef teriyaki roll / yam tempura roll / crazy boy roll

Mega Roll Tray B 72pcs **75**

2 California roll / 2 dynamite roll / chicken teriyaki roll / beef teriyaki roll / yam tempura roll / BC roll / crazy boy roll / spicy yam tempura roll / salmon & cream cheese roll