

## APPETIZERS

<b>Gyoza</b> 6pcs pan fried dumpling	
	<b>vegetable 7   pork 7   ebi 5pcs 9.5</b>
<b>Agedashi Tofu</b>	regular <b>7</b> spicy <b>8</b>
<b>Gomae</b>	<b>5</b>
<b>Edamame</b>	<b>5</b>
<b>Sunomono</b>	
	<b>plain 4   veggie 5   ebi 5   tako 6</b>
<b>Takoyaki</b> 6pcs	<b>6.5</b>
<b>Yakitori Skewers</b> 2pcs skewered chicken	<b>7.5</b>
<b>Chicken Karage</b>	regular <b>8</b> spicy <b>9</b>
<b>Tuna Bite</b> Deep fried tuna with homemade sauce	<b>8.5</b>
<b>Salmon Bite</b> Deep fried salmon with homemade sauce	<b>8.5</b>
<b>Tuna Gomae</b>	<b>8.5</b>
<b>Ebi Mayo</b> Deep fried prawn with white sauce	<b>10</b>

## SALAD

<b>Seaweed</b>	<b>6</b>
<b>House Green</b>	<b>9</b>
<b>Crispy Calamari</b>	<b>12</b>
<b>Chicken</b>	<b>10.5</b>
<b>Assorted Seafood</b>	<b>15</b>

## TEMPURA

<b>Appetizer Tempura</b>	<b>8</b>
2pcs prawn, 3 pcs veggie	
<b>Veggie Tempura</b> 6pcs	<b>8</b>
<b>Salmon Tempura</b> 4pcs	<b>10</b>
<b>Prawn Tempura</b> 6pcs	<b>12</b>
<b>Yam Tempura</b> 6pcs	<b>7</b>
<b>Prawn &amp; Yam Tempura</b> 8pcs	<b>12</b>
<b>Assorted Tempura</b> 13pcs	<b>17</b>

## TERIYAKI

\* Served with rice and salad

<b>Veggie</b>	<b>10</b>
Grilled vegetable with teriyaki sauce	
<b>Chicken</b>	<b>13</b>
Grilled chicken with teriyaki sauce	
<b>Beef</b>	<b>14</b>
Grilled beef with teriyaki sauce	
<b>Tofu</b>	<b>12</b>
Deep fried tofu with teriyaki sauce	
<b>Salmon</b>	<b>15</b>
Grilled salmon with teriyaki sauce	
<b>Chicken Katsu</b>	<b>14</b>
Breaded chicken fillet with special sauce	
<b>Don Katsu</b> Breaded pork fillet with special sauce	<b>14</b>






## COMBO









\* Black rice: extra \$0.35 each on nigiri  
 \* Black rice: extra \$1.75 each on roll  
 \* Real crab: extra \$3.95 each

<b>California Combo</b>	<b>16</b>
California roll / 2 tuna / 2 salmon / 2 ebi	
<b>Dynamite Combo</b>	<b>17</b>
Dynamite roll / 2 tuna / 2 salmon / 2 ebi	
<b>Spicy Tuna Combo</b>	<b>16.5</b>
Spicy tuna roll / 2 tuna / 2 salmon / 2 ebi	
<b>Spicy Salmon Combo</b>	<b>16.5</b>
Spicy salmon roll / 2 tuna/ 2 salmon / 2 ebi	
<b>Vegetable Combo</b>	<b>15</b>
Avo kappa roll / yam tempura roll / vegetable roll	
<b>Roll Combo</b>	<b>14.5</b>
California roll / tuna roll / salmon roll / kappa roll	
<b>Tuna Combo</b>	<b>14.5</b>
Tuna roll / 3 tuna nigiri / 3 tuna sashimi	
<b>Salmon Combo</b>	<b>14.5</b>
Salmon roll / 3 salmon nigiri / 3 salmon sashimi	
<b>Salmon &amp; Tuna Combo</b>	<b>15</b>
Salmon roll / tuna roll / 2pcs tuna / 2pcs salmon	
<b>Assorted Sushi Combo</b>	<b>20</b>
8pcs nigiri / tuna roll	
<b>Deluxe Sushi Combo</b>	<b>22</b>
10pcs nigiri / salmon roll	
<b>Mega Combo</b>	<b>24</b>
5pcs sashimi / 5pcs nigiri / California roll	

## SPECIAL ROLL

\* Black rice on roll: extra \$1.75  
 \* Real crab: extra \$3.95 each

 <b>Spicy Mad Tuna or Salmon Roll</b>	<b>11</b>
Choice of tuna or salmon with yam flake and two kinds of spicy sauce and avocado on top	
<b>Crazy Boy Roll</b>	<b>10</b>
Deep fried California roll with 3 signature sauces	
<b>Spider Roll</b>	<b>12</b>
Deep fried soft shell crab with crabmeat & avo	
<b>Mega Roll</b>	<b>12</b>
Deep fried roll with salmon, crab meat, green onion in a roll with spicy mayo and tobiko on top	
<b>Alaska Roll</b>	<b>12</b>
Crabmeat & avocado topped with smoked salmon	
<b>Philadelphia Roll</b>	<b>12</b>
Cream cheese, crabmeat, avocado, salmon with two kinds of sauce	
<b>Rainbow Roll</b>	<b>13</b>
Avocado, crab meat in a roll with various sashimi, tobiko on top	
 <b>Caulfeild Roll</b>	<b>13</b>
2pcs deep fried prawn, avocador and crabmeat in a roll, topped with torched tuna with spicy sauce	
 <b>King Roll</b>	<b>13</b>
2pcs deep fried prawn and crabmeat in a roll, topped with spicy tuna and lettuce	
<b>House Roll</b>	<b>13</b>
Cream cheese, tuna, salmon, ebi, crabmeat, cucumber topped with tobiko	
<b>Dragon Roll</b>	<b>14</b>
Avocado, crab meat in a roll with whole grilled BBQ eel	
 <b>Crispy'n Crunchy Roll</b>	<b>11</b>
Prawn tempura, crab meat, avocado in a with crunch and spicy sauce on top	
<b>Tiger Roll</b>	<b>11</b>
2pcs deep fried prawn, avocado and crabmeat in a roll, topped with tiger shrimp, avocado and crunch	
<b>Caterpillar Roll</b>	<b>12</b>
Avocado and crabmeat in a roll, topped with avocado & tobiko	
<b>Pink Roll</b>	<b>12</b>
Avocado and crabmeat in a roll, topped with salmon, avocado, tobiko	
<b>Tuna Tataki Roll</b>	<b>12</b>
Avocado, crab meat in a roll with torched tuna and homemade sauce on top	
 <b>Canucks Roll</b>	<b>12</b>
Avocado, crab meat in a roll with torched salmon with homemade sauce and fish flakes	

<b>Awesome Roll</b>	<b>15</b>
Cream cheese, cucumber, crabmeat, avocado, tuna, salmon, ebi, deep fried prawn, tobiko & smoked salmon	
<b>Finger Roll</b>	<b>10</b>
Deep fried roll with salmon and crabmeat	
<b>Ebi King Roll</b>	<b>12</b>
Inside: Crabmeat, prawn tempura & avocado / Top: Ebi, unagi & wasabi sauce	
 <b>Volcano Roll</b>	<b>14</b>
Avocado & crabmeat in a roll, topped with scallop, crunch and cream cheese	
 <b>Lady Mango Roll</b>	<b>12</b>
Avocado and yam tempura with tropical mango on top	
<b>Calamari Roll</b>	<b>12</b>
Inside: Calamari tempura, avocado / Top: Crunch flakes & unagi sauce	
<b>Beef Tataki Roll</b>	<b>13</b>
Avocado, crab meat in a roll with torched beef on top	
 <b>Yummy Yam Roll</b>	<b>12</b>
Yam tempura, avocado roll topped with yam and special sweet sauce	
 <b>Red Dragon Roll</b>	<b>13</b>
BBQ eel, crab meatroll with smoked salmon on top	
  <b>Victoria Roll</b>	<b>11</b>
Yam roll with avocado on top	
 <b>Snow White Roll</b>	<b>13</b>
Crabmeat, avocado roll, tai with cream cheese on top and torched	
 <b>Lobster Roll</b>	<b>16</b>
Deep fried lobster, avocado, crab meat with house sauce on top	

## ROLL

\* Rolls with black: extra \$1.75 \* Real crab: extra \$3.95

<b>Kappa Roll</b> Cucumber	<b>3.5</b>	<b>Vegetable Roll</b>	<b>5.5</b>
<b>Tamago Roll</b> Egg	<b>3.5</b>	Avocado, oshinko, cucumber, radish	
<b>Tuna Roll</b>	<b>4</b>	<b>B.C. Roll</b> Deep fried salmon	<b>5</b>
<b>Spicy Tuna Roll</b>	<b>5.5</b>	<b>Chicken Teriyaki Roll</b>	<b>6.5</b>
<b>Salmon Roll</b>	<b>4</b>	<b>Beef Teriyaki Roll</b>	<b>7.5</b>
<b>Spicy Salmon Roll</b>	<b>5.5</b>	<b>Chopped Scallop Roll</b>	<b>5.5</b>
<b>Negitoro Roll</b>	<b>6.5</b>	<b>Spicy Chopped Scallop Roll</b>	<b>6</b>
<b>Salmon Tempura Roll</b>	<b>6</b>	<b>Salmon Avocado Roll</b>	<b>6.5</b>
<b>Avocado Roll</b>	<b>5.5</b>	<b>Salmon Cream Cheese Roll</b>	<b>6.5</b>
<b>California Roll</b>	<b>5</b>	<b>Vancouver Roll</b>	<b>6</b>
<b>Dynamite Roll</b>	<b>6.5</b>	Smoked salmon, cream cheese & tamago	
<b>Real Crab California Roll</b>	<b>9.5</b>	<b>Unagi Roll</b>	<b>7</b>
<b>Spicy California Roll</b>	<b>5.5</b>	<b>Yam Avocado Roll</b>	<b>5.5</b>
<b>Yam Tempura Roll</b>	<b>5.5</b>	<b>Spicy Yam Avocado Roll</b>	<b>6</b>
<b>Spicy Yam Tempura Roll</b>	<b>6</b>		

## SASHIMI

<b>Appetizer</b> 3pcs tuna, 3pcs salmon	<b>10</b>
<b>Tuna / Salmon</b> 4pcs <b>9.50</b> 8pcs <b>15</b>	
<b>Sockeye</b> 4pcs <b>11</b> 8pcs <b>17</b>	
<b>Tuna &amp; Salmon</b> 8pcs <b>15</b>	
<b>Spicy Tuna or Salmon</b>	<b>16</b>
<b>Toro</b> 7pcs	<b>15</b>
<b>Hamachi</b> 4pcs	<b>14</b>
<b>Tuna / Salmon Tataki</b>	<b>14</b>
Sliced tuna(salmon) cooked medium rare served with special sauce	
<b>Tako</b> 5pcs / <b>Saba</b> 6pcs	<b>11</b>
<b>Assorted Sashimi</b> 13pcs	<b>22</b>
<b>Deluxe Sashimi</b> 17pcs	<b>27</b>
<b>Mega Sashimi</b> 32pcs	<b>49</b>

## NIGIRI SUSHI

\* Black rice: extra \$0.35

<b>Avocado / Inari</b> Fried bean curd / <b>Tamago</b> Egg	<b>2</b>
<b>Salmon / Tuna / Ebi / Saba</b> Mackerel,	<b>2.5</b>
<b>Hokkigai</b> Clam / <b>Tobiko</b> Flying fish roe / <b>Chopped Scallop</b>	
<b>Tuna Toro</b> Tuna belly / <b>Ikura</b> Salmon roe /	<b>3</b>
<b>Tako</b> Octopus / <b>Spicy Chopped Scallop</b>	
<b>Unagi</b> B.B.Q eel / <b>Sockeye / Hotate</b> Whole scallop /	
<b>Ebi Crunch</b> Seared prawn	
<b>Hamachi</b> Yellow tail / <b>Ama Ebi</b> Sweet shrimp /	<b>3.5</b>
<b>Real Crab</b>	

## DONBURI

<b>Veggie Don / Tofu Don</b>	<b>10</b>
<b>Chicken Teri Don</b> on rice bowl with grilled veggie	<b>12</b>
<b>Beef Teri Don</b> on rice bowl with grilled veggie	<b>13</b>
<b>Ten-Don</b>	<b>14</b>
2pcs prawn & 3pcs vegetable tempura on a rice bowl	
<b>Oyako Don</b> Chicken & egg on a rice bowl	<b>12</b>
<b>Don Katsu Don / Chicken Katsu Don</b>	<b>13</b>
<b>Unagi Don</b> Grilled BBQ eel on rice bowl	<b>16</b>
<b>Sashimi Don</b> salmon <b>15</b> tuna <b>16</b>	
<b>Tuna &amp; Salmon Sashimi Don</b>	<b>15</b>
<b>Chirashi Don</b>	<b>20</b>

## ABURI

<b>Scallop</b>	<b>4</b>
<b>Beef</b>	<b>4</b>
<b>Tuna</b>	<b>3</b>
<b>Toro</b>	<b>4</b>
<b>Saba</b>	<b>3</b>
<b>Salmon</b>	<b>5</b>
2pcs of salmon topped with chopped scallop	

## OSHI

<b>Spicy Salmon Oshi</b> 6pcs	<b>13</b>
Prawn tempura inside. Topped with torched spicy salmon and jalapeno, green onion and spicy mayo	
<b>Tuna Oshi</b> 6pcs	<b>13</b>
Prawn tempura inside. Topped with torched & chopped tuna, green onion, yam fries and unagi sauce	
<b>Salmon Oshi</b> 6pcs	<b>13</b>
Prawn tempura inside. Topped with torched & chopped salmon, unagi sauce	
<b>Ebi Oshi</b> 6pcs	<b>13</b>
Prawn tempura inside. Topped with torched & chopped shrimp, unagi sauce	

## NOODLES

<b>Udon with soup</b>			
<b>Plain</b>	<b>7</b>	<b>Beef</b>	<b>12</b>
<b>Tempura</b>	<b>12</b>	<b>Veggie</b>	<b>10</b>
<b>Chicken</b>	<b>11</b>	<b>Spicy Seafood</b>	<b>14</b>

<b>Yaki Udon pan fried-thick noodles</b>			
<b>Chicken</b>	<b>12</b>	<b>Veggie</b>	<b>11</b>
<b>Beef</b>	<b>13</b>	<b>Seafood</b>	<b>14</b>

<b>Yaki Soba pan fried-thin noodles</b>			
<b>Chicken</b>	<b>12</b>	<b>Veggie</b>	<b>11</b>
<b>Beef</b>	<b>13</b>	<b>Seafood</b>	<b>14</b>

\* Please let your server know if you have any allergy.  
\* All contents and prices are subject to change without notice.

## BENTO

\* Served with miso soup \* Extra \$1 for beef

\* LUNCH 11:30AM - 3:00PM

	Lunch	Dinner
<b>California Bento</b>	<b>13</b>	<b>16</b>
California Roll	Teriyaki Chicken or beef	
Tempura	Salad	

<b>Vegetable Bento</b>	<b>12</b>	<b>15</b>
Avocado Roll	Tofu Teriyaki	
Veggie Tempura	Salad	

<b>Sushi Bento</b>	<b>15</b>	<b>17</b>
3pcs Nigiri Sushi Salmon, ebi, tuna	Dynamite Roll	
Teriyaki Chicken or beef	Salad	

<b>Sushi &amp; Sashimi Bento</b>	<b>16</b>	<b>18</b>
4pcs Sashimi 2pcs salmon, 2pcs tuna	3pcs Nigiri Sushi Salmon, ebi, tuna	
Spicy Salmon Roll	Salad	

<b>Mega Special Bento A</b>	<b>20</b>	
* Served with miso soup, sunomono		
Dynamite Roll	Gyoza	
Teriyaki Chicken or beef	Salad	Tempura

<b>Mega Special Bento B</b>	<b>22</b>	
* Served with miso soup, sunomono		
6pcs Sashimi 3pcs salmon, 3pcs tuna	3pcs Nigiri Sushi Salmon, ebi, tuna	
California Roll	Salad	Tempura



## SUSHI MEGA

5353 Headland Dr. West Vancouver  
www.sushimega.com

**604. 281. 0200**

OPEN HOUR

Mon - Sat 11:30 AM - 8:30 PM  
Sunday & Holiday: Closed

## PARTY TRAY

<b>Family Tray A 38pcs</b>	<b>39</b>
Tuna roll / salmon roll / kappa roll / California roll / 12pcs nigiri sushi	
<b>Family Tray B 46pcs</b>	<b>57</b>
Tuna roll / salmon roll / kappa roll / yam roll / California roll / dynamite roll / 15pcs nigiri sushi	
<b>Family Tray C 67pcs</b>	<b>73</b>
Tuna roll / salmon roll / kappa roll / 2 California roll / dynamite roll / yam tempura roll / 18pcs nigiri sushi / BC roll	
<b>Mega Roll Tray A 44pcs</b>	<b>44</b>
2 California roll / dynamite roll / chicken teriyaki roll / beef teriyaki roll / yam tempura roll / crazy boy roll	
<b>Mega Roll Tray B 65pcs</b>	<b>66</b>
2 California roll / 2 dynamite roll / chicken teriyaki roll / beef teriyaki roll / yam tempura roll / BC roll / crazy boy roll / spicy yam tempura roll / salmon & cream cheese roll	